MISSION
Our mission is to strengthen our community and improve the lives of our clients by delivering excellent health and human services tailored to meet their needs.

VISION
To be the first choice of the King County community for a broad spectrum of effective behavioral health care services.

2006 Annual Report
2006 was a very good year

We began 2006 with high hopes for the year, and the opportunities it seemed to hold. The Legislature helped by passing moderate increases in both Medicaid and non-Medicaid funding for services to people with mental illness. Legislators even passed a small capital budget request for SMH, allowing us to conduct a feasibility study for renovation of the old mansion that houses our Emerald House program.

Significant SMH accomplishments during 2006 include:

- Celebrating SMH’s 40th anniversary with a gala banquet at the Bell Harbor Conference Center. Some 400 guests attended, including SMH founder Governor Booth Gardner, various state and local officials, current and former board members, staff, consumers and friends of SMH. In addition, over $100,000 was raised at the event to support SMH services.
- Receiving a $360,000 grant for the school year from the Nesholm Family Foundation, the largest foundation gift in SMH history. The grant funds a collaboration between Seattle Public Schools, Children’s Hospital and SMH that provides mental health screening and evaluation for adolescents at four Seattle middle schools.
- Receiving a bequest for nearly $100,000 from the estate of a friend of the organization, the largest bequest ever made to SMH.
- Receiving the PATH project contract from King County, which provides housing and mental health services to homeless persons in outlying areas of the county.
- Receiving the South King County Housing First Demonstration Project contract, which provides mental health and substance abuse care for 25 homeless individuals.
- Receiving the STAR (Substance Abuse Treatment and Recovery) program contract to serve 100 individuals who have both a developmental disability and challenges with alcohol or drugs.
- Receiving the Day Reporting Center, Housing and Treatment Service grant by the City of Seattle to offer a “housing first” approach, along with mental health and chemical dependency treatment, to help improve client compliance with court orders and reduce recidivism to the correctional system.
- Receiving the King County contract to provide re-entry case management services to people in the correctional system in need of mental health and/or chemical dependency services.

I could go on, but you probably get the picture; 2006 turned out to be a remarkable year for Seattle Mental Health in a great many ways. A lot of very good people, both inside and outside of the organization, helped make it happen, and we are truly grateful to you all. The fact is, we can only help the community when the community helps us. And that certainly happened in 2006…thanks to you.

David Stone
Chief Executive Officer
In support of the Seattle Mental Health mission, we commit to the following values:

- Delivering the highest quality service by continuously improving the quality of our services, products and processes; being responsive to internal and external customers; and continuously improving value to our customers.

- Demonstrating integrity and the highest standards of ethical practice in every aspect of our agency. This is evidenced by open, honest communication, fair and equitable treatment of employees, customers, and volunteers, and sound management practices.

- Showing respect for individuals and for the cultural diversity of our employees, clients, and the communities we serve.

- Supporting partnership, working together as a team to common goals, and seeking internal and external opportunities for collaboration.

- Being responsible for our actions and obligations, as an organization and as individuals.

- Cultivating an environment that encourages risk-taking, creativity, experimentation, and change in response to customer needs.

- Providing leadership and innovation in behavioral health services to establish Seattle Mental Health as the provider of choice for our community.

- Providing a positive environment for our clients, guests, and employees.
SMH Services: Children & Youth

All children deserve the environment and support system to thrive to their fullest potential. Seattle Mental Health provides services that address the needs of children, youth and their families. SMH programs adapt to the needs of each youth, delivering services by trained specialized providers.

With the agency’s commitment to providing wrap-around services to children, youth and their families, our clients are ensured the best possible care. Wraparound services are individually designed plans that include treatment services and personal support services in the care of the client. Wraparound services are developed with a team approach that includes the client, immediate family, extended family, friends, staff at SMH as well as providers from beyond the organization to meet the mental health and clinical dependency needs of the client.
SMH Services: Adult

Seattle Mental Health serves 7,000 adults ages 18 to 65. Each client is treated with the individualized and personal care that has been the hallmark of SMH for 41 years. SMH is a multi-disciplinary agency providing multiple services under one roof. To best serve our clients we offer the tools for each client to succeed, from counseling and community support services to supportive housing services to employment services. Our staff is trained to serve the special needs of clients with mental health and/or chemical dependency disorders, developmental disabilities, deafness and many other diverse groups.
SMH Services: Older Adults

Seattle Mental Health is committed to serving the behavioral health needs of its older adult clients. These services afford our older adult clients the highest and safest level of quality of life and independence.

SMH values the resilience of older adults. Agency services are designed to ensure the best possible care to support that resilience. Services address the whole person and are developed with a team approach that includes the client, family, friends and community network, friends, SMH staff, as well as older adult providers to meet the mental health and chemical dependency needs of the client.
2006 Financials & Demographics

Revenue (TOTAL $30,493,000)
- Medicaid 67.0%
- Medicare, Insurance, Private Pay* 4.0%
- Other Government 21.0%
- United Way 1.0%
- In-Kind Contributions** 2.0%
- Individual Contributions 2.0%
- Other Revenue & Investments 2.0%

* Client Fees include Medicare, Insurance, Private Pay
** In-Kind Contributions include services & goods (primarily intern work hours)

Expenses (TOTAL $29,517,000)
- Outpatient 71%
- Administration 16%
- Residential 13%

Gender profile of 2006 clients
- Male Clients: 48%
- Female Clients: 52%

Ethnicity
- A. White/Caucasian: 8968
- B. Black, African American: 2295
- C. Asian: 458
- D. Some Other Race: 413
- E. American Indian or Alaska Native: 327
- F. Unknown: 234

Hispanic Origin
- A. Mexican/Mex-American/Chicano: 399
- B. Other Spanish/Hispanic: 232
- C. Unknown: 173
- D. Puerto Rican: 73
- E. Cuban: 18
- F. Not Spanish/Hispanic: 11800
Seattle Mental Health Locations

AUBURN

Auburn Service Center
810 28th St. NE
Auburn, WA 98002
253.876.8900

Northwest Counseling Institute
1314 8th St. NE #103
Auburn, WA 98002
253.876.7600

BELLEVUE

Northcreek
14216 NE 21st
Bellevue, WA 98007
425.653.4900
425.869.6634

Rainbow Creek
14270 NE 21st
Bellevue, WA 98007
425.655.5000

SEATTLE

Capitol Hill
1600 E Olive St.
Seattle, WA 98122
206.302.2200

Madison
2719 East Madison #200
Seattle, WA 98112
206.302.2600

Northgate
9706 4th Ave. NE #303
Seattle, WA 98115
206.302.2900

KENT

Kent Service Center
1404 S Central Ave. #113
Kent, WA 98032
253.876.7620

REDMOND

Northwest Counseling Institute
16345 NE 87th Suite C.1
Redmond, WA 98052
425.653.4960

SNOQUALMIE

Snoqualmie Service Center
9450 Ethan Wade Way SE
Snoqualmie, WA 98065
800.828.1449

TUWKILA

Service Center
6100 Southcenter Blvd.
Tukwila, WA 98188
206.444.7800

Northwest Counseling Institute
6100 Southcenter Blvd.
Tukwila, WA 98188
206.444.7800

Information/Access to services: 206.302.2300 • Administrative Offices: 206.302.2200 • Toll Free: 800.828.1449 • TTY: 206.302.2209
Providing comprehensive behavioral health services around King County.

- Auburn
- Bellevue
- Kent
- Redmond
- Renton
- Seattle
- Snoqualmie
- Tukwila
Seattle Mental Health appreciates the support from individuals, companies and foundations. It is with their help that SMH served over 11,000 clients in 2006.

There are many ways to support SMH, its clients and the communities we serve. Donors can contribute with direct gifts in cash, appreciated stock, workplace giving, corporate matching gifts and pledges. Supporters can also contribute with memorial gifts, honorariums or by including SMH in their wills or estate plans.

To inquire about contributing to SMH please contact our Chief Development Officer, Gayle Johnson, at (206) 302-2260 or via e-mail at GayleJ@smh.org.

SMH has made every effort to accurately acknowledge our donors. To report corrections please contact the SMH development office at (206) 302-2251.
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